

## Downsizing Seminar with Julia Dyer



### Detail

Friday, 15 August 2025, 02:00 PM - 04:00 PM

15 220 Marboura Road, Maroubra - NSW

### Event Overview

Join Julia Dyer, renowned downsizing expert and senior move manager, for an insightful seminar designed to help you navigate the emotional and practical aspects of transitioning to a smaller, more manageable home. What You'll Learn:

How to plan and prepare for a successful downsizing journey  
Tips for decluttering and organising your space  
Strategies for selling, donating, or repurposing belongings  
How to choose the right new home for your lifestyle  
Emotional support and mindset shifts for a smooth transition

Whether you're moving for retirement, lifestyle change, or simply seeking simplicity, Julia's compassionate and practical approach will empower you to take the next step with confidence. Free event and open too all

Find out more information from  
<https://www.downsizing.com.au/events/detail/1913/downsizing-seminar-with-julia-dyer>

Event ID

1913



Australian Unity Retirement and Aged Care Communities