

Yoga on the Green



Detail



Wednesday, 12 November 2025, 09:00 AM - Q 40 Carrs Road, Neath - NSW 11:00 AM

Event Overview

Whether you're an experienced yogi or new to the practice, join us for our Yoga on the Green event for the perfect opportunity to unwind, enjoy some fresh air, and meet like-minded people. Our certified instructor will guide you through gentle stretches and mindful movements, tailored to all levels. Bring you friends and family along for a peaceful morning as you:

Enjoy a calming 45-minute session run by Jen from Core Life Yoga Relax in the outdoor pavilion with some light refreshments Get to know the Lincoln Place team and friendly residents Tour our beautiful homes after the yoga session

We can't wait to welcome you!

When: Wednesday, 12th November from 9am Where: 40 Carrs Road, Neath NSW 2326

Find out more information from

https://www.downsizing.com.au/events/detail/2227/yoga-on-the-green

Event ID 2227





